

FitnessWorks Instructor Hiring Protocol

Thank you for your interest in pursuing or expanding your career as a group fitness instructor at FitnessWorks! The mission for our Group Fitness department is to provide cutting-edge group classes through a committed team of knowledgeable, upbeat, and motivating fitness professionals. We hold our instructors to the highest standards when it comes to product delivery. We also are committed to hiring those individuals with a positive attitude and top-notch performance who will contribute to a winning team.

There are two types of instructors at FitnessWorks:

Permanent - Those on our current Group Fitness schedule.

Substitute - Those who are on-call to sub classes as needed.

Individuals interested in becoming a group fitness instructor at FitnessWorks may be asked to do one or more of the following:

- **Apply**
Turn in a completed application and provide a resume and all appropriate certifications.
- **Interview – scheduled as needed**
Meet with the Group Fitness Manager (GFM) to review application, resume and to discuss further opportunities or requirements.
- **Audition – scheduled as needed**
Teach an entire class in the format in which you are applying. This may be done in a current class that is offered on the GF schedule or before a group of staff members.

After the audition:

- 1) You may be offered a position as the permanent instructor for a class that is currently on the GF schedule.
- 2) You may be offered a position as a sub and be on-call to sub classes when needed.
- 3) The GFM may feel you have room for improvement in one or more areas with no position offered at that time.

If you are ready for a personal and professional challenge, ask for an application today.

Danielle Frisco

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